

## Extracurricular/ Extra Help Schedule

Activity	Day/Time	Location/Details	Staff
English Help Lab	Tues., Wed. & Thurs. at lunch	- Monday -- 218 - Tuesday -- Room 233 - Wednesday - Room 221 - Thursday - Room 222	S. Mellon H. Cassells J. DeJong A. Simmons
Math Lab	Mon. - Thurs.	-See <a href="#">Math Lab schedule</a> for details	K. Anderson D. Turck S. Fischl K. Cotter
Cage (Weight Room)	Daily 2:30-4:45pm, Tues. & Thurs. at lunch	-\$20 fee for the year	K. Watson
Intramurals	One week per month	-See Athletic bulletin board outside the gym for details/dates	K. Watson
Guitar Club	Thurs. at lunch	-Room 106	J. Henderson
Senior Concert Band	Mon. after school	-Room 106	J. Henderson
Equity & Diversity Club	Mon. at lunch	-Room 128	V. Kinos-Varo
Vocal Music	Fri. at lunch	-Room 106	A. Simmons
Computer Lab	Every day at lunch	-Room 233 -Designated "safe room" -Students work on assignments, access the internet, play cards	C. Smith
Improv Group	Wednesdays after school	Drama Room	D. McGill  H. Cassell
Manga Group	Tues. at lunch	-Library/room 121	S. Parr
Twilight-Gothic Reading club	Bi-monthly -- Mondays at lunch	-Room 221	-J. DeJong
Environmental Club	Thurs. at lunch	-Room 229	K. Coughler C. Oster P. Best

### Sports Teams

Fall - Boys Volleyball & Soccer  
Girls Rugby & Basketball  
Co-ed Cross Country, Golf & Swimming

Winter - Boys Basketball & Hockey  
Girls Volleyball & Hockey  
Co-ed Wrestling & Swimming

Spring - Boys Rugby  
Girls Soccer  
Co-ed Track, Tennis, Badminton & Ultimate Frisbee